

2017 – Active Heroes' Accomplishments

- National Peer Mentors
 - 86 newly trained peer mentors for 2017 Certified through Active Heroes partnership with QPR Institute.
 - 187 Active Peer Mentors total across America
 - 13 recorded Lives of veterans saved via Peer Mentor
- Active Heroes Community Center
 - 157 Acupuncture treatments for veterans, service members and military family members
 - 152 Massage sessions for veterans, service members and military family members
 - 7 Jin Shin Jyutsu treatments for veterans, service members and family members
 - 3 veterans/military family members have participated in a dog training course
 - 6 dog group trainings using facility (35 participants)
 - 8 military couples attend the annual Valentine's Dinner
 - Yoga class – 4 veterans/military family members participated
 - 10 Veterans enrolled in music therapy and have completed 7 classes
 - Over 90 attendees for the June 24th Military Family Cookout
 - 21 children attended the Louisville Zoo Wildlife event
 - 10 Children attended the August 19th Back to school Bash
 - 2 Meetings by Ohio Valley Native American Veterans (16 participants total)
 - 2 meetings by Female Veterans Group (24 participants total)
 - 4 couples for paint party for military families
 - Back to School Bash for military children (28 participants)
 - Job Offers listed for 30 businesses connecting military families
 - 15 connecting resources listed for military families
 - Outdoor Family Movie Night (15 participants)
 - Active Heroes Yard Sale (veterans and civilian supporters)
 - Spooktacular Halloween Party (12 participants)
 - Thrivent Family Day At Community Center (9 participants)
 - 6 Meetings for Community center committee

- Active Heroes Retreat Center
 - 434 veterans and 202 military family members visited the retreat center
 - 48 military families camped at retreat
 - Over 300 civilians visited the retreat as part of projects
 - 2 Homeless veterans were given sanctuary at the retreat until they were helped
 - Construction on 1200 square Foot Cabin Finished
 - Construction on 4000 square foot Welcome Center finished
 - Construction on 6000 square foot Main event Pavilion 80% completed in 2017
 - 15 Military Families had free vacation cabin rentals for a total of 61 days
 - Moved 5 new animals into enclosures
 - Over 1.5 miles of Road and parking lot construction completed by IRR National Guard and Reserve Units
 - Outdoor Amphitheater Construction completed
 - Hiking trail construction 75% completed
 - New walking bridge built by Nucor Corporation
 - Land was excessively shaped during 2017 construction
 - Fields opened up for future development to include fishing pond and new animal enclosures

- Active Challenges

166 lives saved from all Active Challenge Programs recorded by Team Leaders and Gym Owner

- Carry The Fallen Ruck Marches
 - 27 Events
 - 2513 Participants
 - Miles hiked by participants: 1,201,733
 - Average weight carried during ruck marches: 25 lbs
 - Total calories burned: 116,568,101
 - 42 Team Leaders trained in suicide prevention certification
 - 42 Carry The Fallen Social events
 - 4 Social events at end of ruck marches

- Annual Carry The Fallen convention held for Team Leaders with suicide prevention training, event training and visitation of centers
- Special events:
 - 75 Mile Ruck from Fort Hood to Austin, Texas
 - 130 mile ruck march from Fort Campbell to Fort Knox
- WOD To End Veteran Suicide
 - 12 gyms participating in annual WOD To End Veteran Suicide
 - 420 Participants
 - Average 22 Minutes per 20 Repetition workout per participant
 - Total Calories burned: 109,620
 - Social Events held by Gyms Throughout the year: 24
 - 12 Gym Owners trained in Suicide Prevention
 - Annual WOD To End Veteran Suicide convention held for Team Leaders with suicide prevention training, event training and visitation of centers
- Pound Challenge – Weight Lifting Competition
 - Active Heroes hosted Wellness Festival at Waterfront park with business partners serving veterans in the community
 - Annual Telethon with WAVE3 News Reaching military families across Kentuckiana
 - 5 gyms participated in the Pound Challenge
 - Over 23 million pounds lifted
 - 760 participants in the Pound Challenge including online
 - 20 Hours of weightlifting
 - Total Calories burned: 364,590,005
- Aiming For Zero
 - 8 events
 - Over 800 participants
 - Special event:

- SIG Sauer Academy event for Active Heroes (300 participants)
 - LMPD Top Gun Shooting Match
- Stand At Attention Competition
 - 4 events
 - 20 veteran standers
 - Audience of 12,000 reached
- Zumbathon for Active Heroes
 - 5 Events
 - 150 military family member participants
 - Over 200 civilian participants
 - Total calories burned: 24,589
- Active Heroes 5k Events
 - 4 events
 - 501 participants
 - 1553 miles completed by participants
 - Total Calories burned: 133,217
 - Special Events:
 - 4th Fest 5k for Active Heroes
 - Active Heroes Run, Walk & Emergency/Military Obstacle Challenge
- Gaming For Heroes
 - 24 Hour Dungeons and Dragons Marathon (12 participants)
 - 4 veteran gamer Radio shows completed
 - 7 live stream events
- Ambassador Athletes
 - 15 Athletes participated in 150 Races in 2017 (5ks, Mini marathons, marathons, Obstacle Course Races and Ironman events)
 - Total miles ran: 1987
 - Total Calories burned: 152,999

- Viral Awareness Campaign – 22 Pushups using #ActiveHeroes
 - Over 30 Million push ups completed in 2017
 - Total Calories burned: 1,020,000
- Special events:
 - Urban Bourbon Half Marathon
 - Patriot Challenge at Smokin' in the Hills (5k race)
- Golf Events
 - Enduring Mission Golf Tournament (72 Participants veterans, military families and supporters)
 - Annual Fat Man Golf Tournament (over 40 participants)
 - Gordon Foods Employee Golf Tournament (Over 50 participants)
 - Summit Media Golf Tournament (Over 34 participants)
- Motorcycle & Car Events
 - 2 Wheels 2 Survive Bike Run across America
 - UAW Ford – 2 day rally and concert (Over 60 participants and attendees)
 - Local 502 Auto Show (Over 300 attendees)
- Music Events
 - Rally for our Heroes with Trace Adkins (Over 1300 attendees)
 - The American Hitmen: Music event Live (over 100 attendees)
- Other social events
 - Four Pegs Gives Back Night – Louisville KY
 - The Gillespie Annual Bridal Show – Louisville, KY
 - Louisville Veterans Day Parade (18 participants)
 - Veterans' Day Tour of West Sixth Brewing – Lexington, KY
 - Bourbon Tasting & Tours at Jephtha Creed
 - Four Pegs Gives Back Night
 - Eangky State Conference
 - The Gillespie Annual Bridal Show

- ANTI Valentine's Day Party 100 participants
- The Southern Ideal Home Show
- Hardin County Honda event for veterans
- Selena's at Willow Lake Tavern
- Firenza Pizza event for veterans
- 3rd Annual Party for Patriots
- 22 Salute for Active Heroes at LCO Casino
- Spring Phever
- P.J. Whelihan's Pub + Restaurant event for Active Heroes
- Active Heroes at the Brown County Heroes Tribute
- Point Blank Range & GunShop Grand Opening
- Active Heroes Night at Hickory Tavern – Carrboro, NC
- Boots & Bonfires – St Charles, IA
- North Star Pro Rodeo
- Red, White and Chive
- Corn Hole Luau with Modified Dolls
- Manuel's Mexican Restaurant event for Active Heroes
- Military Sunday Salute – KY State Fair with over 10,000 attendees
- Getting Our Veterans Help Music Event – Milford, MI
- Freedom Cup Wrestling Match – Green Bay, WI
- Community Spirits by Wander North Distillery, LLC
- Gordmans – Black Friday Celebration for Active Heroes
- Annual bake Sale in Acworth, Georgia

- Community Outreach
 - \$70,000 in Scholarships to Sullivan University for 2 veterans. 1 Full ride associate degree and 50% bachelors degree
 - Job and Resource Fair with over 40 businesses and causes for veterans (125 veteran attendees)
 - Provided information for legal services for veterans
 - 3 home Repairs Georgia, Alabama, Louisiana
 - 2 roof repairs in Georgia
 - Crown The Day Pop-Up Wedding for Military Families (8 participants)
 - 40 tickets provided to Veterans for U of L basketball game
 - 2 Tickets for veterans to a Brantley Gilbert concert
 - Referred 15 dogs donated to veteran service organizations

- Referred 76 families to financial assistance organizations
- 15 new Businesses recruited for national resources online map system to connect struggling veterans
- 12 tickets for Churchill downs spring meet donated to military families
- 2 tickets to St Louis Cardinals Baseball game
- 25 tickets to Nutcracker Ballet
- two tickets to the Eagles concert
- 2 Tickets to the Kentucky Derby at Churchill Downs
- 2 Ticket Giveaways for Trace Adkins concert
- 100 tickets given to veterans for Active Heroes day at Louisville Slugger Field for Louisville Football Club match
- 12 Tickets for the Churchill Downs Spring meet on 5/29 and 6/24
- Academy Sports + Outdoors \$1000 giveaway to 2 military families
- Donations to homeless veterans:
 - Hat-Adult #4
 - Coat-Womens #1
 - Gloves-Adult #4
 - Coat-Mens #1
 - Twin Blanket 60x90 Polar Fleece #3
 - Hand Warmer 4-Ct Pack #4
 - Tampax Tampons 40CT #1
 - Womens Hipster 3-Pack Size L #1
 - Mens Crew Socks 6-Pack (size 9-11) #5
- Volunteers:
 - Community Center
 - 534 veterans and civilians volunteered for community center projects
 - 2196 total volunteer hours completed at community center
 - Retreat center
 - 25 volunteer projects, over 800 volunteers
 - Over 48000 volunteer hours accomplished
 - National Events
 - Over 6000 volunteers hosting events

- Over 360,000 volunteer hours
- Peer Mentors
 - 187 Volunteers
 - Over 2800 volunteer hours